



We're here for you...

Confused about what financial support is available to you?

Worried about how you and your family are going to manage during the Coronavirus crisis?

We can help with many problems, including:

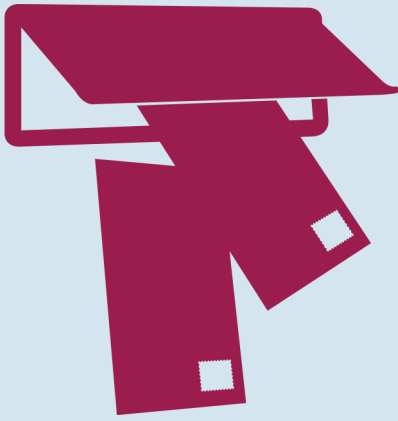
Debt & Money ● Benefits ● Employment ● Housing ● Family & Relationships

You can always get in touch with us for the advice and support you need during these challenging times:

- 1** Call our Adviceline on **0300 330 9001** available Monday - Friday, 10am - 3pm
- 2** Email your enquiry to us at **advice@nwkent.cab.org.uk**
- 3** For self help advice, visit **www.citizensadvice.org.uk**

If you're looking for help to apply for Universal Credit:

- Call us for free on **0800 144 8 444** (Monday - Friday, 8am - 6pm)
- Get support online at **www.citizensadvice.org.uk/helptoclaim**



If you're struggling to pay the bills because of Coronavirus, it's important not to ignore the problem.

Speak to the organisation you owe money to and check with your bank or building society - they may be able to help.

Visit our [website](#) or contact us (details overleaf) for personalised advice and support before the problem grows.

If you're experiencing domestic abuse, help is available.

If there is an emergency call **999**, or if you want to speak to someone for advice and support, call the free 24hour

National Domestic Abuse Helpline on **0808 200 0247**



There are several different government schemes to help people financially during this difficult time.

Visit our [website](#) or contact us (details overleaf) for advice on what help might be available to you and your family.

The Coronavirus pandemic means that **scammers are finding new ways to make money and prey on people's worries.**

Don't give any money or personal details to anyone you don't know or trust.

If you're in any doubt, visit the [online scam checker](#) on our website or contact us (details overleaf) for advice.

